**TRANSFORMING CONFLICT**

Alternatives to Violence Project (AVP)

Peace Leadership

Newcastle Basic Workshops

*Sunday 15 AND Sunday 22 May 2016*

Venue: Family Action Centre, University of Newcastle  
(map provided on registration)

Time: 8.30 am—6.30pm (both days)

Workshop FREE ($5/day for lunch)  
Note: You need to attend both days

Register for this new series of three 20 hour experiential workshops to develop the following skills:  
Affirmation -- Community Building -- Communication -- Co-operation -- Creative Conflict Resolution

The Alternatives to Violence Project (AVP) is an international network of volunteers conducting experiential workshops on nonviolent conflict resolution in prisons, in schools, and in the general community. An AVP workshop is an intensive 20 hour structured workshop of experiential exercises and group processes.

In the **Basic level workshop**, participants have the opportunity to:-

- Experience empathy
- Practice appropriate assertiveness
- Increase self esteem
- Build community
- Improve communication and cooperation skills
- Form peaceful relationships
- Explore nonviolent behaviour in response to situations of conflict.

In the **Advanced level workshops**, participants learn to make group consensus decisions and then explore in depth specific themes chosen by participants using fair process. Typical themes include fear, anger, communication, stereotyping, power and powerlessness, forgiveness. (Sunday 3 July AND Sunday 10 July)

In the **Training for Facilitators** (Introduction to Facilitation) workshop, participants learn the logistics and techniques for planning, facilitating, and debriefing an AVP workshop. To complete their training, they co-facilitate at least 2 Basic workshops as an Apprentice Co-facilitator. (Tentative date: Sunday 4 AND Sunday 11 September)

For more information or to register, please contact

Leesa at **newcastleworkshops@avp.org.au** or 0434 721 835

Or Malcolm **sydneyworkshops@avp.org.au** or 0414-498-415

[www.avp.international](http://www.avp.international)  
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